

2013 CYLA Rules Matrix

Rules Applicable to ALL Playing Divisions:

BEFORE THE START OF EACH GAME OFFICIALS MUST CONDUCT A PRE-GAME MEETING w/ ALL COACHES & PLAYERS TO GO OVER RULES

If player w/ possession of ball loses a piece of required equipment, official blows whistle immediately to stop play. Ball carrier maintains possession.

Only Head Coach may speak to Officials. Each Team is allowed ONLY 3 COACHES in the COACHES BOX. ALL Spectators must sit on the far side of the field. No parent photographers on bench sideline or endlines.

Face-Off each Quarter regardless of score (Exception flag down at end of period or man-up and period ends with team in possession. (See Rule Book).

Timeouts: (a) Each Team - 2 per Half (1 Min); (b) 1st/2nd Qtr & 3rd/4th Qtr (2 Min); (c) Halftime (5 Min); NO Timeouts in OT

3-Yard Rule: ALL LEGAL Stick Checks, Body Checks, Legal Holds, Pushes MUST BE w/in 3 Yards of Player in Possession of Ball or w/in 3 Yards of Loose Ball or Ball in Flight

All Unnecessary Roughness Penalties are NON-RELEASEABLE!

NO TAKE-OUT CHECKS AT ANY AGE LEVEL IN THE CYLA!

Blocking w/ Head, Targeting, Spearing, Initiating or Following Through to Head/Neck = 1-3 Min. Non-Releaseable Penalty (at discretion of officials) OR Ejection for Flagrant Misconduct

ALL CYLA Games are 12 Min. Running Timed Quarters. ALL Substitutions are "on-the-fly." EXCEPTION: U8 & U9 (sub every 3-4 min. on lose ball or out-of bounds whistle)

Penalty Time: Start/Stop Clock on Whistle for ALL Penalties at Every Age Level in the CYLA

Game Clock ONLY Stops for TEAM, OFFICIAL or INJURY TIMEOUTS

Long Poles: 4 Maximum on the Field When Permitted by Rule

| | Bodychecking (3-Yard Rule) | Stick Length | Game Time | If ≤ 2 Goals in last 2-Min, then Clock stops on each whistle | If Tie, then 2, 4-Min. OT | Periods - Sudden Victory (NO Braveheart) | 4th Qtr "Keep it In" Last 2-Min. | 4-Sec. GK Count | "Get it in, Keep it in" Rule | 20-Sec. Del. & 10-Sec. Off. Counts | MCR (4-Goal Differential) | Time-Serving Penalties | Fouling Out | 1-Handed Stick Checks (Slash w/ or w/o contact) | 1-Pass Rule | Coach on Field | Subs (3-4 Min.) Timed Breaks | Equip. Check |
|---------------------|----------------------------|--------------------|-------------------------|--|---------------------------|--|----------------------------------|-------------------------------------|------------------------------|-------------------------------------|---------------------------|--|-------------|---|-------------|----------------|------------------------------|--------------|
| U8 | NO | 37"-42" | 4-12 Min. Running Qtrs. | YES | YES | NO | YES | NO | NO | YES | NO (Sub In) | 3 Personals Fouls or 5 Min. of Personals | NO | YES | YES | YES | Head Coach Request | |
| U9 | NO | 37"-42" | 4-12 Min. Running Qtrs. | YES | YES | NO | YES | NO | NO | YES | NO (Sub In) | 3 Personals Fouls or 5 Min. of Personals | NO | YES | YES | YES | Head Coach Request | |
| U10 | NO | 37"-42" | 4-12 Min. Running Qtrs. | YES | YES | NO | YES | NO | NO | YES | YES (Stop Clock) | 3 Personals Fouls or 5 Min. of Personals | NO | NO | NO | NO. On the Fly | Head Coach Request | |
| U11 | NO | 37"-42" 47"-54" | 4-12 Min. Running Qtrs. | YES | YES | NO | YES | NO | NO | YES | YES (Stop Clock) | 3 Personals Fouls or 5 Min. of Personals | NO | NO | NO | NO. On the Fly | Head Coach Request | |
| U12 | YES | 40"-42" 52"-72" | 4-12 Min. Running Qtrs. | YES | YES | NO | YES | NO | NO | YES | YES (Stop Clock) | 4 Personals Fouls or 5 Min. of Personals | NO | NO | NO | NO. On the Fly | Head Coach Request | |
| U13 | YES | 40"-42" 52"-72" | 4-12 Min. Running Qtrs. | YES | YES | YES | YES | NO - Blue & White YES - Red Only | NO | YES - Blue & White NO - Red Only | YES (Stop Clock) | 4 Personals Fouls or 5 Min. of Personals | NO | NO | NO | NO. On the Fly | Head Coach Request | |
| U14/15 Blue & White | YES | 40"-42" 52"-72" | 4-12 Min. Running Qtrs. | YES | YES | YES | YES | NO | NO | YES | YES (Stop Clock) | 4 Personals Fouls or 5 Min. of Personals | YES | NO | NO | NO. On the Fly | Head Coach Request | |
| U14/15 Red | YES | 40"-42" 52"-72" | 4-12 Min. Running Qtrs. | YES | YES | YES | YES | YES | YES | NO | YES (Stop Clock) | 4 Personals Fouls or 5 Min. of Personals | YES | NO | NO | NO. On the Fly | Head Coach Request | |

U8 & U9: ONE PASS RULE - Preceding a shot on goal, a team must (a) COMPLETE a clearing pass from their defensive zone to their offensive zone; **OR** (b) once the ball is in their offensive zone, make one (1) attempted pass. The one-pass rule re-sets after every whistle that stops play on end line or side lines out-of-bounds when Offense keeps possession.